Securing the Basic Needs of College Students in Greater Philadelphia During a Pandemic: A #RealCollegePHL Report WEB APPENDICES

May 26, 2021

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Appendix A. Survey Methodology

SURVEY ELIGIBILITY AND FIELDING

Together with administrators, The Hope Center fielded this survey at all participating colleges. Each institution agreed to administer an online survey in the fall. To boost response rates, a limited number of \$100 incentives were offered to randomly selected survey participants at each college. Additionally, incentives valued at \$150 were offered to 133 parenting students randomly selected across all participating colleges. Institution staff sent a series of invitations and follow-up reminders to all enrolled students encouraging them to participate.

The Hope Center provided the email invitation language as well as hosted the survey as shown below. Upon opening the survey, students were presented with a consent form in compliance with Institutional Review Board standards. To be counted as a respondent, the student had to click continue as a record of consent and complete at least the first page of the survey. Participating colleges were asked to use only the provided invitation language to ensure consistency across colleges. In order to boost survey response rates, some colleges also spread the word about the survey using text messages and social media. In these cases, they used language and materials provided by The Hope Center.

Subject: College and you, during a pandemic From email address: [someone students "know" at YOUR COLLEGE]

[COLLEGE LETTERHEAD FOR EMAIL]

Dear [STUDENT FIRST NAME],

Let's get real. Life is a lot right now. You're the expert when it comes to what's happening with your college experience. So we need your help supporting [COLLEGE OR UNIVERSITY NAME] with information it can use to help.

Share your story in the #RealCollege Survey. We asked The Hope Center for College, Community, and Justice at Temple University to help us do this because we value you. You were chosen simply because you are one of our students. In appreciation, you can win \$100 for completing the survey.

[STUDENT FIRST NAME], please get started now.

Click here to begin: [LINK]

If the link is not working, try to copy and paste it into your web browser.

Be honest—everything you say is confidential. If you have questions about the survey, send a note to The Hope Center at hopesrvy@temple.edu.

Thank you.

[NAME AND EMAIL SIGNATURE OF PERSON SENDING EMAIL]



COLLEGE SURVEY PARTICIPANTS

In 2020, 13 Philadelphia-area colleges and universities fielded the survey early in the fall term, as students enduring basic needs insecurity are at greater risk for dropping out of college later in the year.¹

TABLE A-1 CHARACTERISTICS OF PARTICIPATING COLLEGES (WEIGHTED BY SURVEY RESPONDENTS) ²						
	Two-Year Colleges	Four-Year Public Colleges	Four-Year Private Colleges	Overall		
N (colleges)	3	3	7	13		
N (survey respondents)	1,988	5,148	1,817	8,953		
	%	%	%	%		
Sector						
Public	98	100	0	79		
Private, not-for-profit	2	0	100	21		
Setting						
City	62	32	100	52		
Suburb	38	50	0	37		
Town	0	18	0	10		
Rural	0	0	0	0		
Size						
Under 5,000	2	0	83	17		
5,000–9,999	0	18	15	14		
10,000–19,9999	38	50	0	37		
20,000 or more	60	32	2	32		
Percent Pell						
Below 25%	0	0	2	<1		
25%–49%	38	100	87	84		
50%–74%	62	0	11	16		
75% or above	0	0	0	0		

Source | Integrated Postsecondary Education Data System (2019), #RealCollege 2020 Survey Notes | The information above reflects the characteristics of 13 colleges as of fall 2019. IPEDS information for the University of Pennsylvania were used to characterize University of Pennsylvania - Graduate School of Education. Cumulative percentages may not add up to 100 due to rounding error.

STUDENT SURVEY PARTICIPANTS

Who Answered the Survey?

Most students who were sent the #RealCollege Survey did not answer it. In total, participating colleges sent survey invitations to an estimated 82,700 students³ and 8,953 students participated, yielding an estimated response rate of 10.8%.⁴ Participating two-year institutions sent survey invitations to approximately 25,700 students and 1,988 students responded, yielding an estimated response rate of 7.7%. Participating four-year public institutions sent survey invitations to approximately 45,400 students and 5,148 students responded, yielding an estimated response rate of 11.3%. Participating four-year private institutions sent survey invitations to approximately 11,500 students and 1,817 students responded, yielding an estimated response rate of 15.7%.



Most colleges distributed the survey to all actively enrolled students in the fall of 2020. We computed responses rates using the number of survey participants divided by the number students invited to take the survey. The survey completion rate reflects the ratio at which a respondent answered all #RealCollege 2020 questions asked to all survey participants.

	Average	Standard Deviation	Minimum	First Quartile	Second Quartile	Third Quartile	Maximum
Two-Year Colleges							
Response rate	12	8	6	6	9	21	21
Completion rate	79	1	78	78	78	79	79
Four-Year Public Co	lleges						
Response rate	11	0	11	11	11	12	12
Completion rate	82	2	79	79	82	83	83
Four-Year Private Co	olleges						
Response rate	18	13	2	12	15	24	45
Completion rate	83	3	79	80	84	87	88
Overall							
Response rate	15	11	2	11	12	20	45
Completion rate	82	3	78	79	80	84	88

TABLE A-2 | STATISTICS ON RESPONSE AND COMPLETION RATES

Source | 2020 #RealCollege Survey

Notes | Participating colleges provided the number of students invited to complete the survey. One college fielded the survey to a random sample of students. Averages shown in the table are unweighted average response rates across all colleges.

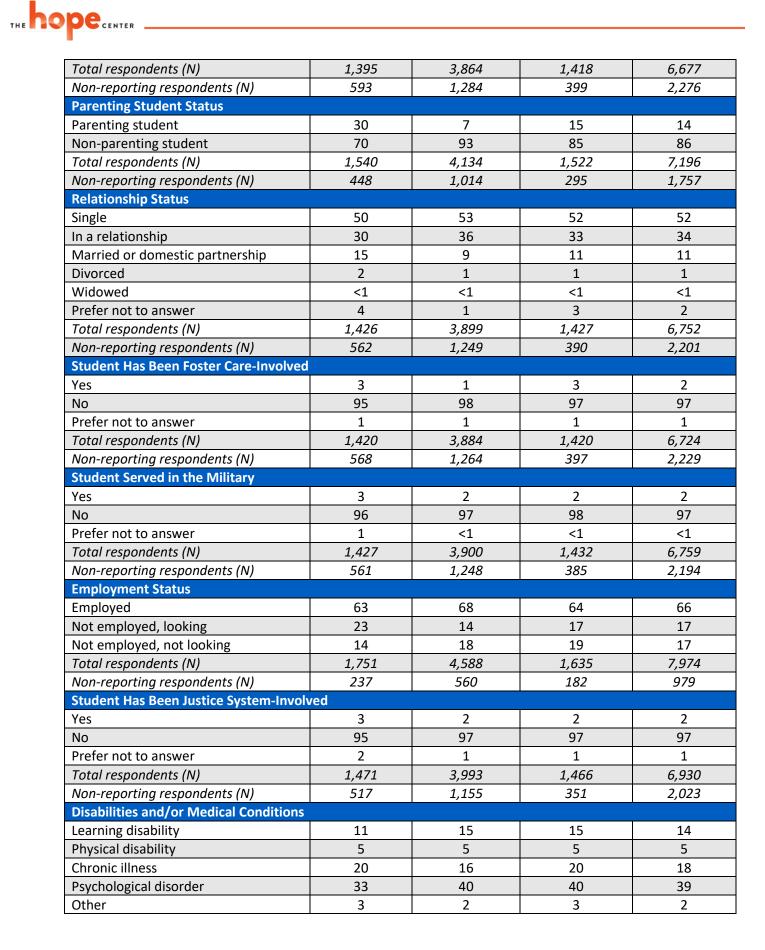
We surveyed all students, in compliance with legal and financial restrictions, rather than draw a sample. The results may be biased—overstating or understating the problem—depending on who answered and who did not. As readers ponder this issue, consider that the survey was emailed to students, and thus they had to have electronic access to respond. The incentives provided were negligible and did not include help with their challenges. Finally, the survey was framed as being about college life, not about hunger or homelessness.

TABLE A-3 | CHARACTERISTICS OF SURVEY RESPONDENTS

	Two-Year Colleges %	Four-Year Public Colleges %	Four-Year Private Colleges %	Overall %
Gender Identity				
Female	77	73	78	75
Male	21	25	18	23
Non-binary/Third gender	2	2	5	3
Prefer to self-describe	<1	1	1	1
Prefer not to answer	1	1	<1	1
Total respondents (N)	1,419	3,888	1,420	6,727
Non-reporting respondents (N)	569	1,260	397	2,226



Transgender Identity				
Transgender	1	2	3	2
Non-transgender	98	98	96	97
Prefer not to answer	1	1	1	1
Total respondents (N)	1,426	3,900	1,430	6,756
Non-reporting respondents (N)	562	1,248	387	2,197
Sexual Orientation		, -		, -
Heterosexual or straight	77	74	72	74
Gay or lesbian	5	5	4	5
Bisexual	9	14	14	13
Prefer to self-describe	4	3	5	4
Prefer not to answer	6	4	5	4
Total respondents (N)	1,414	3,894	1,429	6,737
Non-reporting respondents (N)	574	1,254	388	2,216
Racial or Ethnic Background	371	1)20 1		2)210
African American or Black	37	12	23	19
American Indian, Alaska Native, or				
Indigenous	4	2	2	2
Asian or Asian American	9	9	6	9
Hispanic or Latinx	20	8	13	11
White or Caucasian	39	76	63	65
Other race	7	4	4	4
Prefer not to answer	2	2	2	2
Total respondents (N)	1,411	3,886	1,431	6,728
Non-reporting respondents (N)	577	1,262	386	2,225
Student is a U.S. Citizen or Permanent	Resident	,		,
Yes	96	95	97	96
No	3	5	3	4
Prefer not to answer	1	<1	<1	<1
Total respondents (N)	1,432	3,907	1,434	6,773
Non-reporting respondents (N)	556	1,241	383	2,180
Highest Level of Parental Education		· ·		
No diploma	13	4	7	6
High school diploma	27	14	20	18
Some college	35	26	29	28
Bachelor's degree or above	21	55	41	45
Don't know	3	1	3	2
Prefer not to answer	2	1	1	1
Total respondents (N)	1,429	3,901	1,429	6,759
Non-reporting respondents (N)	559	1,247	388	2,194
Age				•
18 to 20	30	40	39	38
21 to 25	25	40	34	35
26 to 30	17	9	9	11
Over 30	28	11	18	16
Prefer not to answer	<1	<1	<1	<1



No disability	51	46	45	47
Prefer not to answer	2	2	2	2
Total respondents (N)	1,427	3,914	1,431	6,772
Non-reporting respondents (N)	561	1,234	386	2,181
College Enrollment Status				
Full-time	39	72	65	64
Part-time	57	24	31	33
Don't know	4	3	4	4
Total respondents (N)	1,935	5,082	1,788	8,805
Non-reporting respondents (N)	53	66	29	148
Years in College				
Less than 1	28	20	20	22
1 to 2	40	23	26	27
3 or more	33	57	54	51
Total respondents (N)	1,930	5,078	1,789	8,797
Non-reporting respondents (N)	58	70	28	156
Student is Considered a Dependent			1	•
Yes	22	48	43	41
No	63	35	40	42
Don't know	13	16	16	16
Prefer not to answer	1	1	1	1
Total respondents (N)	1,426	3,885	1,423	6,734
Non-reporting respondents (N)	562	1,263	394	2,219
Student is a Pell Recipient				
Yes	62	31	45	41
No	38	69	55	59
Total respondents (N)	1,785	4,564	1,618	7,967
Non-reporting respondents (N)	203	584	199	986
Level of Study				
High school equivalency/GED	5	1	2	2
Undergraduate degree: Associate	74	2	4	18
Undergraduate degree: Bachelor's	11	73	72	59
Graduate degree	2	22	22	17
Certificate or license	6	1	1	2
Non-degree	3	1	0	1
Total respondents (N)	1,976	5,125	1,812	8,913
Non-reporting respondents (N)	12	23	5	40
Student is a Varsity Athlete	• 		• •	•
Yes	1	2	8	3
No	99	97	92	96
Prefer not to answer	<1	1	<1	<1
Total respondents (N)	1,397	3,805	1,405	6,607
Non-reporting respondents (N)	591	1,343	412	2,346

Notes | Classifications of gender identity, racial and ethnic background, and disability or medical condition are not mutually exclusive. Students could self-identify with multiple classifications. Percentages of mutually exclusive

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groups may not add up to 100 due to rounding error. Some racial/ethnic groups were combined due to sample sizes. Specifically, students are classified as "American Indian, Alaska Native, or Indigenous" if they selected either "American Indian or Alaska Native" or "Indigenous," "Asian or Asian American" if they selected "Southeast Asian" or "Other Asian or Asian American," and "Other race" if they selected "Other," "Middle Eastern or North African or Arab or Arab American," or "Pacific Islander or Native Hawaiian." Students who have been convicted of a crime are considered justice-system involved. A dependent is a student who does not earn sufficient income to be an independent student or who must report parental income when qualifying for federal student aid.

Appendix B. Three Survey Measures of Basic Needs Insecurity

FOOD SECURITY

To assess food *security* in the fall of 2020, we used questions from the 18-item Household Food Security Survey Module (shown below) from the U.S. Department of Agriculture (USDA). It is important to note that while we mainly discuss *insecurity*, the standard is to measure the level of *security*, referring to those with low or very low security as "food insecure."

Food Security Module

Adult Stage 1

- 1. "In the last 30 days, I worried whether my food would run out before I got money to buy more." (Often true, Sometimes true, Never true)
- 2. "In the last 30 days, the food that I bought just didn't last, and I didn't have money to get more." (Often true, Sometimes true, Never true)

3. "In the last 30 days, I couldn't afford to eat balanced meals." (Often true, Sometimes true, Never true) *If the respondent answers "often true" or "sometimes true" to any of the three questions in Adult Stage 1, then proceed to Adult Stage 2.*

Adult Stage 2

- 4. "In the last 30 days, did you ever cut the size of your meals or skip meals because there wasn't enough money for food?" (Yes/No)
- 5. [*If yes to question 4, ask*] "In the last 30 days, how many days did this happen?" (Once, Twice, Three times, Four times, Five times, More than five times)
- 6. "In the last 30 days, did you ever eat less than you felt you should because there wasn't enough money for food?" (Yes/No)
- "In the last 30 days, were you ever hungry but didn't eat because there wasn't enough money for food?" (Yes/No)
- 8. "In the last 30 days, did you lose weight because there wasn't enough money for food?" (Yes/No)

If the respondent answers "yes" to any of the questions in Adult Stage 2, then proceed to Adult Stage 3.

Adult Stage 3

- 9. "In the last 30 days, did you ever not eat for a whole day because there wasn't enough money for food?" (Yes/No)
- 10. [*If yes to question 9, ask*] "In the last 30 days, how many days did this happen?" (Once, Twice, Three times, Four times, Five times, More than five times)

If the respondent has indicated that children under 18 are present in the household, then proceed to Child Stage 1.



Child Stage 1

- 11. "In the last 30 days, I relied on only a few kinds of low-cost food to feed my children because I was running out of money to buy food." (Often true, Sometimes true, Never true)
- 12. "In the last 30 days, I couldn't feed my children a balanced meal, because I couldn't afford that." (Often true, Sometimes true, Never true)
- 13. "In the last 30 days, my child was not eating enough because I just couldn't afford enough food." (Often true, Sometimes true, Never true)

If the respondent answers "often true" or "sometimes true" to any of the three questions in Child Stage 1, then proceed to Child Stage 2.

Child Stage 2

- 14. "In the last 30 days, did you ever cut the size of your children's meals because there wasn't enough money for food?" (Yes/No)
- 15. "In the last 30 days, did your children ever skip meals because there wasn't enough money for food?" (Yes/No)
- 16. [*If yes to question 15, ask*] "In the last 30 days, how often did this happen?" (1, 2, 3, 4, 5, 6, 7, 8 or more times)
- 17. "In the last 30 days, were your children ever hungry but you just couldn't afford more food?" (Yes/No)
- 18. "In the last 30 days, did any of your children ever not eat for a whole day because there wasn't enough money for food?" (Yes/No)

To calculate a raw score for food security, we counted the number of questions to which a student answered affirmatively.

- a. "Often true" and "sometimes true" were counted as affirmative answers.
- b. Answers of "Three times" or more were counted as a "yes." We translated the raw score into food security levels as follows:

	Raw Score				
Food security level	18-item (children present)	18-item (no children present)			
High	0	0			
Marginal	1–2	1–2			
Low	3–7	3–5			
Very Low	8–18	6–10			

HOUSING INSECURITY

To assess housing insecurity, we used a series of survey questions adapted from the national Survey of Income and Program Participation (SIPP) Adult Well-Being Module to measure students' access to and ability to pay for safe and reliable housing.⁵ In the fall of 2020, we asked students the following questions:



Housing Insecurity Module

- 1. "In the past 12 months, was there a rent or mortgage increase that made it difficult to pay?" (Yes/No)
- 2. "In the past 12 months, have you been unable to pay or underpaid your rent or mortgage?" (Yes/No)
- 3. "In the past 12 months, have you received a summons to appear in housing court?" (Yes/No)
- 4. "In the past 12 months, have you not paid the full amount of a gas, oil, or electricity bill?" (Yes/No)
- 5. "In the past 12 months, did you have an account default or go into collections?" (Yes/No)
- 6. "In the past 12 months, have you moved in with other people, even for a little while, because of financial problems?" (Yes/No)
- 7. "In the past 12 months, have you lived with others beyond the expected capacity of the house or apartment?" (Yes/No)
- 8. "In the past 12 months, did you leave your household because you felt unsafe?" (Yes/No)
- 9. "In the past 12 months, how many times have you moved?" (None, Once, Twice, 3 times, 4 times, 5 times, 6 times, 7 times, 8 times, 9 times, 10 or more times)

Students were considered housing insecure if they answered "yes" to any of the first eight questions or said they moved at least *three* times (question #9).

HOMELESSNESS

To measure homelessness, we asked a series of survey questions that align with the definition of homelessness dictated by the McKinney Vento Homeless Assistance Act. Please refer to pp. 31–32 in Crutchfield and Maguire (2017) for further discussion of this measure.⁶

In the fall of 2020, students were considered homeless if they answered affirmatively to question #1 OR any part of question #2 (parts e through m) in the Homelessness Module (below).

Homelessness Module

- 1. "In the past 12 months, have you ever been homeless?"
- 2. "In the past 12 months, have you slept in any of the following places? Please check all that apply."
- a. Campus or university housing
- b. Sorority/fraternity house
- c. In a rented or owned house, mobile home, or apartment (alone or with roommates or friends)
- d. In a rented or owned house, mobile home, or apartment with my family (parent, guardian, or relative)
- e. At a shelter
- f. In a camper or RV
- g. Temporarily staying with a relative, friend, or couch surfing until I find other housing
- h. Temporarily at a hotel or motel without a permanent home to return to (not on vacation or business travel)
- i. In transitional housing or independent living program
- j. At a group home such as halfway house or residential program for mental health or substance abuse
- k. At a treatment center (such as detox, hospital, etc.)
- I. Outdoor location (such as street, sidewalk, or alley; bus or train stop; campground or woods, park, beach, or riverbed; under bridge or overpass; or other)
- m. In a closed area/space with a roof not meant for human habitation (such as abandoned building; car, truck, or van; encampment or tent; unconverted garage, attic, or basement; etc.)



Appendix C. Measures of Anxiety and Depression

ANXIETY

Students' anxiety levels were assessed using a validated seven-item instrument called the Generalized Anxiety Disorder Scale (GAD-7).⁷ In the #RealCollege 2020 survey instrument, the items were separated into two sections (items 1-2 and items 3-7). The student needed to cross a certain score threshold in the first two items to progress to the remaining items. The assessment asked students about the number of times in the last two weeks – 0 days (0), 1-6 days (1), 7-12 days (2), or 13-14 days (3) – they were bothered by any of the following items:

Generalized Anxiety Disorder Scale (GAD-7) Module

- 1. Feeling nervous, anxious, or on edge
- 2. Not being able to stop or control worrying
- 3. Worrying too much about different things
- 4. Trouble relaxing
- 5. Being so restless that it's hard to sit still
- 6. Becoming easily annoyed or irritable
- 7. Feeling afraid as if something awful might happen

To calculate a raw score for anxiety, we counted the response score (0 to 3) for each of the questions to which a student answered. Those who indicated that they felt bothered at least some of the days were considered moderately to severely anxious.

	Raw Score
Anxiety level	Seven-item
None to minimal	0-4
Mild	5–9
Moderate	10–14
Severe	15+

DEPRESSION

Students' depression levels were assessed using a validated nine-item instrument, called the Patient Health Questionnaire (PHQ-9). In the #RealCollege 2020 survey instrument, the items were separated into two sections (items 1-2 and items 3-9). The student needed to reach a certain response threshold in the first two items to progress to the remaining items. The assessment asked students about the number of times in the last two weeks – 0 days (0), 1-6 days (1), 7-12 days (2), or 13-14 days (3) – they were bothered by any of the following items:

Patient Health Questionnaire (PHQ-9) Module

- 1. Little interest or pleasure in doing things
- 2. Feeling down, depressed, or hopeless



- 3. Trouble falling asleep, staying asleep, or sleeping too much
- 4. Feeling tired or having little energy
- 5. Poor appetite or overeating
- 6. Feeling bad about yourself—or that you're a failure or have let yourself or your family down
- 7. Trouble concentrating on things, such as reading the newspaper or watching television
- 8. Moving or speaking so slowly that other people could have noticed; or the opposite—being so fidgety or restless that you have been moving around a lot more than usual
- 9. Thought that you would be better off dead or hurting yourself in some way

To calculate a raw score for depression, we counted the response score (0 to 3) for each of the questions to which a student answered. Those who indicated that they felt bothered at least some of the days were considered moderately to severely depressed.

	Raw Score	
Depression level	Nine-item	
None to minimal	0-4	
Mild	5–9	
Moderate	10–14	
Moderately Severe	15–19	
Severe	20+	

Appendix D. Data Used in the "Basic Needs and College Dreams" Section

Data in the "Basic Needs and College Dreams" section come from a survey of Philadelphians we conducted in partnership with Temple University's <u>Institute for Survey Research</u> (ISR). The survey asked about Philadelphians' experiences with and perceptions of postsecondary education.

In October and November 2020, ISR fielded the survey to 2,593 members of their *BeHeardPhilly* panel who were between the ages of 20 and 45. <u>BeHeardPhillySM</u> is a group of community members who have "opted in" and agreed to take surveys and participate in ongoing research driven by local government and nonprofit organizations and initiatives. Eight hundred BeHeardPhilly members completed the survey, resulting in a 30.8% response rate. ISR also launched a targeted Facebook ad to seek additional responses from non-White Philadelphians younger than 45. In all, approximately 900 Philadelphians responded. At the end of data collection, 10 respondents were selected to receive a \$30 gift card.

Analyses of this survey data use weights to produce estimates that are more representative of the Philadelphia population. ISR weighted the final data to population estimates from the U.S. Census Bureau's 2019 American Communities Survey (ACS) Public Use Microdata Sample (PUMS).⁸ The weighting process, known as iterated proportional fitting, aligns the survey totals with known population totals in the aggregate and across key



subgroups. Specifically, data from this survey are weighted based on gender, age, race, ethnicity, highest level of education, and household income level for Philadelphians between the ages of 20 and 45. For the analyses in this report, it is especially important to understand the distribution of education level in the general population, and how that varies from weighted and unweighted survey data. Table D-1 shows that weighting helps to align survey data more closely with the Philadelphia population, but does not make data fully representative. We will provide more methodological information in a forthcoming report that will dive deeper into results from this survey data.

TABLE D-1 | EDUCATIONAL ATTAINMENT IN THE PHILADELPHIA POPULATION, UNWEIGHTED SURVEY ESTIMATES, AND WEIGHTED SURVEY ESTIMATES

	Population Totals N %			Survey Totals (Unweighted)		Totals hted)
			Ν	%	Ν	%
Highest Level of Education						
No college	230,904	37	35	4	186	21
Some college, certificate, or Associate's degree	163,567	26	113	13	236	26
Bachelor's degree or higher	237,830	38	746	83	474	53

Source | 2019 ACS PUMS, College Experiences and Aspirations in Philadelphia Survey

Notes \mid Cumulative percentages may not add up to 100 due to rounding error.

Appendix E. Detailed Tables on Data Referenced in the Full Report

TABLE E-1 | PERSONAL EXPERIENCES WITH COVID-19 AMONG PHILADELPHIA-AREA SURVEYRESPONDENTS, BY RACE/ETHNICITY (FIGURE 1)

	Ov	erall
	Ν	%
I Was Sick with COVID-19.		
Overall	321	5
African American or Black	48	6
American Indian, Alaska Native, or Indigenous	9	8
Asian or Asian American	10	3
Hispanic or Latinx	37	7
White or Caucasian	164	5
Other race	14	7
Prefer not to answer	3	4
A Close Friend or Family Member Died of COVI	D-19.	
Overall	2,273	38
African American or Black	377	44
American Indian, Alaska Native, or Indigenous	57	53
Asian or Asian American	107	28
Hispanic or Latinx	250	50
White or Caucasian	1,130	36
Other race	94	45
Prefer not to answer	29	40



A Close Friend or Family Member Was Sick with COVID-19.					
Overall	702	12			
African American or Black	176	21			
American Indian, Alaska Native, or Indigenous	18	17			
Asian or Asian American	34	9			
Hispanic or Latinx	99	20			
White or Caucasian	264	9			
Other race	32	16			
Prefer not to answer	6	8			

Notes | Respondents could self-identify with multiple racial or ethnic classifications. Not all racial/ethnic groups are shown in the corresponding figure, and some racial/ethnic groups were combined due to sample sizes. Specifically, students are classified as "American Indian, Alaska Native, or Indigenous" if they selected either "American Indian or Alaska Native" or "Indigenous," "Asian or Asian American" if they selected "Southeast Asian" or "Other Asian or Asian American," and "Other race" if they selected "Other," "Middle Eastern or North African or Arab or Arab American," or "Pacific Islander or Native Hawaiian." Personal experiences with COVID-19 are not mutually exclusive.

TABLE E-2 | PERSONAL EXPERIENCES WITH ANXIETY AND DEPRESSION AMONG PHILADELPHIA-AREA SURVEY RESPONDENTS, BY RACE/ETHNICITY (FIGURE 2)

	Over	all
	N	%
Students Experiencing at Least Moderate Anxi	ety	
Overall	2,523	37
American Indian, Alaska Native, or Indigenous	79	50
White or Caucasian	1,780	41
Hispanic or Latinx	301	39
Asian or Asian American	191	33
African American or Black	396	31
Other race	110	37
Prefer not to answer	42	35
Students Experiencing at Least Moderate Dep	ression	
Overall	2,354	34
American Indian, Alaska Native, or Indigenous	72	45
White or Caucasian	1,554	35
Hispanic or Latinx	303	40
Asian or Asian American	216	38
African American or Black	412	32
Other race	108	36
Prefer not to answer	36	30

Source | 2020 #RealCollege Survey

Notes | The Generalized Anxiety Disorder Scale (GAD-7) was used to measure anxiety. Students "experienced anxiety" if they experienced moderate to severe levels of anxiety in the prior two weeks according to the GAD-7. The Patient Health Questionnaire (PHQ-9) was used to measure depression. Students "experienced depression" if they experienced moderate, moderately severe, or severe levels of depression in the prior two weeks according to the PHQ-9. See Appendix C for more



information on the 2020 measures. Respondents could self-identify with multiple racial or ethnic classifications. Not all racial/ethnic groups are shown in the corresponding figure, and some racial/ethnic groups were combined due to sample sizes. Specifically, students are classified as "American Indian, Alaska Native, or Indigenous" if they selected either "American Indian or Alaska Native" or "Indigenous," "Asian or Asian American" if they selected "Southeast Asian" or "Other Asian or Asian American," and "Other race" if they selected "Other," "Middle Eastern or North African or Arab or Arab American," or "Pacific Islander or Native Hawaiian."

TABLE E-3 | ONLINE VS IN-PERSON CLASSES IN THE PHILADELPHIA AREA, BY SECTOR (FIGURE 3)

	Two-Year Colleges		Four-Year Public Colleges		Four- Private (Overall		
	Ν	%	Ν	%	N	%	Ν	%	
Online only	1,840	93	4,435	86	1,188	66	7,463	84	
In-person (on-campus at least one day/week)	136	7	655	13	614	34	1,405	16	
Don't know	7	<1	38	1	10	1	55	1	

Source | 2020 #RealCollege Survey

Notes | Cumulative percentages may not equal 100 due to rounding.

TABLE E-4 | OTHER STUDENT CHALLENGES IN SPRING 2020 AMONG PHILADELPHIA-AREA SURVEY RESPONDENTS, BY SECTOR (FIGURE 4)

	Two-Year Colleges			Four-Year Public Colleges		Four-Year Private Colleges		all				
	Ν	%	Ν	%	Ν	%	Ν	%				
Which of the Following Did You Experi	Which of the Following Did You Experience During the Spring 2020 Term?											
I had difficulty concentrating on classes.	812	66	2,900	84	955	75	4,667	78				
I had to take care of a family member while attending class.	609	50	1,003	29	490	38	2,102	35				
I had problems with internet or computer access.	403	33	1,202	35	529	41	2,134	36				
I attended classes less often.	382	31	1,228	36	340	27	1,950	33				
I stopped attending my college or university for at least one month.	202	17	349	10	134	11	685	12				

Source | 2020 #RealCollege Survey

Notes | Results are limited to students who were enrolled in college in spring 2020. Some students may have experienced more than one of the challenges listed above.

TABLE E-5 | JOB LOSS OR REDUCTION IN PAY OR HOURS AMONG PHILADELPHIA-AREA SURVEY RESPONDENTS, BY PRE-PANDEMIC JOB STATUS (FIGURE 5)

	Full-Time Job		Part-Tin	ne Job	Overa	ill				
	Ν	%	N	%	N	%				
Students Experiencing the Following From Spring 2020 to Present During the Pandemic:										
l lost my job.	1,730	42	626	27	2,356	37				
My current hours/pay are lower than they were before the pandemic.	1,017	25	517	22	1,534	24				

Source | 2020 #RealCollege Survey

Notes | Results are among students who had at least one job before the pandemic. Those with a full-time job worked 35 or more hours a week, whereas those with a part-time job worked less than 35 hours a week.



TABLE E-6 | JOB LOSS OR REDUCTION IN PAY OR HOURS AMONG PHILADELPHIA-AREA SURVEYRESPONDENTS, BY RACE/ETHNICITY AND PRE-PANDEMIC JOB STATUS (FIGURE 6)

Full-Time Job		Part-Time	e Job	Overall		
N	%	Ν	%	N	%	
oss or Reductio	on in Hour	s or Pay:				
54	84	35	61	89	74	
363	74	265	52	628	63	
243	71	129	53	372	64	
181	69	44	47	225	63	
1,525	65	522	48	2,047	60	
88	75	46	55	134	66	
32	78	20	47	52	62	
	N oss or Reductio 54 363 243 181 1,525 88	Soss or Reduction in Hours 54 84 363 74 243 71 181 69 1,525 65 88 75	N % N coss or Reduction in Hours or Pay: 54 84 35 54 84 35 363 74 265 243 71 129 181 69 44 1,525 65 522 88 75 46	N%N%coss or Reduction in Hours or Pay:54843561363742655224371129531816944471,525655224888754655	N%N%Ncoss or Reduction in Hours or Pay:5484356189363742655262824371129533721816944472251,52565522482,04788754655134	

Source | 2020 #RealCollege Survey

Notes | Results are among students who had at least one job before the pandemic. Those with a full-time job worked 35 or more hours a week, whereas those with a part-time job worked less than 35 hours a week. Respondents could self-identify with multiple racial or ethnic classifications. Not all racial/ethnic groups are shown in the corresponding figure, and some racial/ethnic groups were combined due to sample sizes. Specifically, students are classified as "American Indian, Alaska Native, or Indigenous" if they selected either "American Indian or Alaska Native" or "Indigenous," "Asian or Asian American" if they selected "Southeast Asian" or "Other Asian or Asian American," and "Other race" if they selected "Other," "Middle Eastern or North African or Arab or Arab American," or "Pacific Islander or Native Hawaiian."

TABLE E-7 | CHALLENGES FACED BY PHILADELPHIA-AREA PARENTING STUDENTS DUE TO THEPANDEMIC (FIGURE 7)

	Overal								
	Ν	%							
In Spring 2020, I Had to Help Children in My Home with Their Schooling W	hile Attending Classes	S.							
Yes	518	77							
No	155	23							
Approximately How Many Days in the Spring 2020 Term Did You Miss Work/Class Because of Childcare									
Arrangements?									
None	83	35							
1-2	45	19							
3–5	43	18							
6 or more	63	27							
I Spend at Least 40 Hours a Week Caring for a Child. (Fall 2020)									
Yes	697	71							
No	280	29							

Source | 2020 #RealCollege Survey

Notes | All results in this table are among parenting students, and results for questions about spring 2020 are limited to students who were enrolled in that term. Results for the question about missing work or class are among parenting students who need, use, or plan to use childcare. A parenting student is a parent, primary caregiver, or guardian (legal or informal) of any children in or outside their household. Cumulative percentages may not equal 100 due to rounding.



TABLE E-8 | BASIC NEEDS INSECURITY RATES AMONG PHILADELPHIA-AREA AND NATIONALRESPONDENTS, BY SECTOR (FIGURE 8)

	Two-Year Co	olleges	Four-Year Co	olleges	Overall					
	Ν	%	Ν	%	Ν	%				
Philadelphia-Area Respondents										
Any BNI	1,168	66	3,035	48	4,203	52				
Food insecurity	722	42	1,429	23	2,151	28				
Housing insecurity	979	55	2,430	39	3,409	42				
Homelessness	213	12	719	12	932	12				
National Respondents										
Any BNI	62,736	61	41,021	53	103,757	58				
Food insecurity	38,551	39	21,473	29	60,024	34				
Housing insecurity	53,229	52	32,722	43	85,951	48				
Homelessness	13,993	14	10,855	14	24,848	14				

Source | 2020 #RealCollege Survey

Notes | Students experiencing "Any BNI" includes students who experienced food insecurity in the prior 30 days, or housing insecurity or homelessness within the past year. For more details on how each measure of basic needs insecurity was created, refer to Appendix B. Responses from students attending public and private four-year institutions were combined for this table in order to make a direct comparison to national data, which overwhelmingly includes public institutions.

TABLE E-9 | LEVEL OF FOOD SECURITY AMONG PHILADELPHIA-AREA SURVEY RESPONDENTS, BY SECTOR (FIGURE 9)

	Two-Year Colleges		Four-Yea Colle		Four-Year Colle		Overall		
	Ν	%	Ν	%	Ν	%	Ν	%	
High	727	42	3,000	67	987	61	4,714	60	
Marginal	266	16	492	11	179	11	937	12	
Low	302	18	420	9	215	13	937	12	
Very Low	420	24	570	13	224	14	1,214	16	

Source | 2020 #RealCollege Survey

Notes | According to the USDA, students at either low or very low levels of food security are termed "food insecure." Cumulative percentages may not add up to 100 due to rounding. For more details on how we measure food insecurity, refer to Appendix B.

TABLE E-10 | FOOD SECURITY QUESTIONS AMONG PHILADELPHIA-AREA SURVEY RESPONDENTS, BY SECTOR (FIGURE 10)

	Two-Year Colleges		Four-Year Public Colleges		Four-Year Private Colleges		Overa	II
	Ν	%	Ν	%	Ν	%	N	%
I worried whether my food would run out before I got money to buy more.	865	50	1,117	25	501	31	2,483	32
I couldn't afford to eat balanced meals.	746	43	1,183	26	458	29	2,387	31
The food that I bought just didn't last and I didn't have the money to buy more.	645	38	793	18	367	23	1,805	23

I cut the size of meals or skipped meals	507	25	000	10	250		4 704	
because there wasn't enough money	597	35	836	19	358	22	1,791	23
for food.								
I ate less than I felt I should because	576	34	823	18	352	22	1,751	22
there wasn't enough money for food.	570	54	025	10	332	22	1,751	22
I was hungry but didn't eat because	427	25	C 1 1	1.4	244	15	1 2 2 2	17
there wasn't enough money for food.	437	25	641	14	244	15	1,322	17
I cut the size of meals or skipped								
because there wasn't enough money	380	22	572	13	250	16	1,202	15
for food. (3 or more times)								
I lost weight because there wasn't	212	10	422	0	120	0	072	11
enough money for food.	312	18	423	9	138	9	873	11
I did not eat for a whole day because	102	11	201	4	77	-	470	C
there wasn't enough money for food.	192	11	201	4	77	5	470	6
I did not eat for a whole day because								
there wasn't enough money for food.	118	7	125	3	49	3	292	4
(3 or more times)								

Notes | Some students may have experienced more than one of the circumstances listed above.

TABLE E-11 | HOUSING INSECURITY AMONG PHILADELPHIA-AREA SURVEY RESPONDENTS, BY SECTOR (FIGURE 11)

		-Year eges		ar Public eges	Four-Year Colle		Ove	rall
	Ν	%	Ν	%	Ν	%	Ν	%
Any item	979	55	1,731	37	699	42	3,409	42
Did not pay full utilities (gas, oil, or electricity bill)	613	35	495	11	299	18	1,407	17
Did not pay full amount of rent or mortgage	562	32	610	13	261	16	1,433	18
Had an account default or go into collections	370	21	215	5	144	9	729	9
Had a rent or mortgage increase that made it difficult to pay	345	19	428	9	173	10	946	12
Moved in with other people, even for a little while, due to financial problems	207	12	458	10	159	10	824	10
Lived with others beyond the expected capacity of the house or apartment	190	11	263	6	116	7	569	7
Left household because felt unsafe	72	4	231	5	75	5	378	5
Received a summons to appear in housing court	32	2	26	1	16	1	74	1
Moved three or more times	38	2	555	12	193	12	786	10

Source | 2020 #RealCollege Survey



Notes | Some students may have experienced more than one of the circumstances listed above. For more details on how we measure housing insecurity, refer to Appendix B.

TABLE E-12 | EXPERIENCES WITH HOMELESSNESS AMONG PHILADELPHIA-AREA SURVEY RESPONDENTS, BY SECTOR (FIGURE 12)

	Two-\		Four-		Four-Y		Over	all
	Colle		Public C		Private Colleges			
	Ν	%	Ν	%	Ν	%	Ν	%
Any item	213	12	524	12	195	12	932	12
Self-identified homeless	51	3	69	2	32	2	152	2
Locations Stayed Overnight:								
Temporarily staying with relative,								
friend or couch surfing until I find other	168	10	414	9	148	9	730	9
housing								
In a camper or RV (not for vacation)	46	3	58	1	35	2	139	2
Temporarily at a hotel or motel without	10	1	45	1	1 Г	1	70	1
a permanent home to return to	16	1	45	1	15	1	76	1
In closed area/space with roof not								
meant for human habitation (such as								
abandoned building; car, truck, or van;	16	1	34	1	10	1	60	1
encampment or tent; unconverted								
garage, attic, or basement)								
At outdoor location (such as street,								
sidewalk, or alley; bus or train stop;	45		= 4		45			
campground or woods, park, beach, or	15	1	51	1	15	1	81	1
riverbed; under bridge or overpass)								
At a treatment center (such as detox,			22				45	
hospital, etc.)	14	1	22	<1	9	1	45	1
In transitional housing or independent	4.0		4.0		4.2		40	
living program	12	1	18	<1	13	1	43	1
At a shelter	9	1	10	<1	5	<1	24	<1
At a group home (such as halfway								
house or residential program for	9	1	25	1	5	<1	39	<1
mental health or substance abuse)								

Source | 2020 #RealCollege Survey

Notes | Some students may have experienced more than one of the circumstances listed above. For more details on how we measure homelessness, refer to Appendix B.

TABLE E-13 | DISPARITIES IN BASIC NEEDS INSECURITY AMONG PHILADELPHIA-AREA SURVEY RESPONDENTS, BY RACIAL AND ETHNIC IDENTITY, LGBTQ STATUS, GENDER IDENTITY, AND SECTOR (FIGURE 13)

Two-Y	Two-Year Colleges		r-Year Public Four-Year Colleges Colle			Ονε	erall
А	ny BNI	Any BNI		Any BNI		Any BNI	
N	%	N	%	N	%	N	%
Racial or Ethnic Background							

		1						1
American Indian,								
Alaska Native, or	41	80	49	61	18	64	108	68
Indigenous								
African American or	272	72	266	F0	210	C F	940	66
Black	373	12	266	59	210	65	849	66
Hispanic or Latinx	199	72	167	56	126	65	492	64
Asian or Asian	00	C1	107	10	4.4	F 2	201	Γ1
American	80	61	167	46	44	52	291	51
White or Caucasian	333	60	1,307	44	424	47	2,064	47
Other race	66	70	87	58	32	56	185	61
Prefer not to	24	80	35	51	10	70	75	62
answer	24	80	35	21	16	70	75	02
LGBTQ Status								
Yes	185	73	483	54	206	59	874	58
No	770	65	1,340	44	553	51	2,663	50
Gender Identity								
Female	736	67	1,355	48	594	53	2,685	53
Male	193	63	414	42	111	44	718	47
Non-binary	23	77	55	64	46	68	124	67
Prefer to self-	c	96	12	C۲.	10	67	21	60
describe	6	86	13	65	12	67	31	69

Notes | Students experiencing "Any BNI" includes students who experienced food insecurity in the prior 30 days, or housing insecurity or homelessness within the past year. Classifications of gender identity and racial/ethnic background are not mutually exclusive. Students could self-identify with multiple classifications. Some racial/ethnic groups were combined due to sample sizes. Specifically, students are classified as "American Indian, Alaska Native, or Indigenous" if they selected either "American Indian or Alaska Native" or "Indigenous," "Asian or Asian American" if they selected "Southeast Asian" or "Other Asian or Asian American," and "Other race" if they selected "Other," "Middle Eastern or North African or Arab or Arab American," or "Pacific Islander or Native Hawaiian." Students who self-identify as lesbian, gay, bisexual, transgender, non-binary/third gender, or preferred to self-describe their gender identity or sexual orientation are considered LGBTQ. For more details on how each measure of basic needs insecurity was constructed, refer to Appendix B.

TABLE E-14 | DISPARITIES IN BASIC NEEDS INSECURITY AMONG PHILADELPHIA-AREA SURVEY RESPONDENTS, BY FIRST-GENERATION STATUS, PELL GRANT STATUS, ENROLLMENT STATUS, AND SECTOR (FIGURE 14)

	Two-Year Any I	Ŭ	Four-Year Colle Any E	ges	Four-Year Private Colleges Any BNI			verall ny BNI
	Ν	%	Ν	%	Ν	%	Ν	%
First-Generat	tion Student							
Yes	376	66	385	56	218	57	979	60
No	533	67	1,403	45	511	51	2,447	50
Pell Grant Re	cipient							
Yes	748	71	763	56	440	63	1,951	63
No	357	56	1,272	43	381	45	2,010	45

Source | 2020 #RealCollege Survey



Notes | Students experiencing "Any BNI" includes students who experienced food insecurity in the prior 30 days, or housing insecurity or homelessness within the past year. First-generation status is defined as whether a student's parents' highest level of education completed is a high school diploma or GED. For more details on how each measure of basic needs insecurity was constructed, refer to Appendix B.

TABLE E-15 | DISPARITIES IN BASIC NEEDS INSECURITY AMONG PHILADELPHIA-AREA SURVEY RESPONDENTS, BY FOSTER-CARE INVOLVED, JUSTICE-SYSTEM INVOLVED, PARENTING STATUS, AND SECTOR (FIGURE 15)

		Two-Year Colleges Any BNI		r Public ges BNI	Four-Year Colle Any I	ges	Ove Any I	
	Ν	%	Ν	%	Ν	%	Ν	%
Foster-Care I	nvolved							
Yes	41	84	39	78	22	61	102	76
No	897	66	1,754	46	722	52	3,373	52
Justice-Syste	m Involved							
Yes	37	86	38	58	16	64	91	68
No	927	66	1,799	46	754	53	3,480	52
Parenting St	udent							
Yes	392	86	133	45	154	68	679	69
No	633	58	1,792	47	653	50	3,078	50

Source | 2020 #RealCollege Survey

Notes | Students experiencing "Any BNI" includes students who experienced food insecurity in the prior 30 days, or housing insecurity or homelessness within the past year. Students who have been convicted of a crime are considered justice-system involved. For more details on how each measure of basic needs insecurity was constructed, refer to Appendix B.

TABLE E-16 | BASIC NEEDS INSECURITY RATES AMONG PHILADELPHIA-AREA SURVEY RESPONDENTS, BY HIGH SCHOOL ATTENDED (FIGURE 16)

	Two-Year Colleges			Four-Year Public Colleges		r Private ges	Overall	
	Ν	%	Ν	%	Ν	%	Ν	%
Graduated From a High School in Philadelphia								
Any BNI	429	63	265	55	204	59	898	60
Food insecurity	282	42	151	32	121	35	554	37
Housing insecurity	355	53	201	42	172	50	728	49
Homelessness	68	10	61	13	35	10	164	11
Did Not Graduate Fro	m a High S	chool in Pł	niladelphia					
Any BNI	713	68	1,863	46	652	51	3,228	51
Food insecurity	440	42	839	21	316	25	1,595	25
Housing insecurity	599	57	1,501	37	516	40	2,616	41
Homelessness	145	14	460	11	160	13	765	12

Source | 2020 #RealCollege Survey

Notes | High schools in Philadelphia may have included public, charter, or private schools. Students experiencing "Any BNI" includes students who experienced food insecurity in the prior 30 days, or housing insecurity or homelessness within the last year. For more details on how each measure of basic needs insecurity was created, refer to Appendix B.



TABLE E-17 | BASIC NEEDS BARRIERS TO COLLEGE ATTAINMENT AMONG PHILADELPHIANS (AGES 20TO 45) WHO ASPIRE TO ENROLL IN COLLEGE (FIGURE 17)

	Unwe	ighted	Weig	hted
	Ν	%	Ν	%
Any basic needs barrier	35	58	70	76
Wouldn't have enough money to cover living expenses	27	45	49	53
Wouldn't have access to affordable childcare	9	15	35	38
Has physical or mental health challenges	15	25	28	31

Source | College Experiences and Aspirations in Philadelphia Survey

Notes | Results are among respondents who had either 1) not yet attended college or 2) previously attended college without completing a degree or certificate and aspire to complete some form of postsecondary credential. Respondents who are currently enrolled in college are excluded. "Any basic needs barrier" includes respondents who reported that challenges affording living expenses, childcare, and/or health needs presented a barrier to them achieving their educational ambitions. Percentages are based on weighted sample. See Appendix D for information about weighting.

TABLE E-18 | REPORTED BARRIERS TO COLLEGE ATTAINMENT AMONG PHILADELPHIANS (AGES 20 TO45) WHO ASPIRE TO ENROLL IN COLLEGE (FIGURE 18)

	Unwe	ighted	Weig	ghted
	Ν	%	N	%
Wouldn't have enough money to pay tuition	45	75	72	78
Wouldn't have enough money to cover living expenses	27	45	49	53
Wouldn't have access to affordable childcare	9	15	35	38
Has physical or mental health challenges	15	25	28	31
Not enough information about how to continue education	14	23	20	22
Concerned about job loss or cuts to hours	10	17	10	11
Not enough encouragement or support	7	12	7	8
Other	2	3	7	7
Can't find local program of interest	8	13	6	6

Source | College Experiences and Aspirations in Philadelphia Survey

Notes | Results are among respondents who had either 1) not yet attended college or 2) previously attended college without completing a degree or certificate and aspire to complete some form of postsecondary credential. Respondents who are currently enrolled in college are excluded. Percentages are based on weighted sample. See Appendix D for information about weighting.

TABLE E-19 | KNOWLEDGE AND RECEIPT OF CARES ACT GRANTS AND OTHER EMERGENCY AID AMONG PHILADELPHIA-AREA STUDENTS EXPERIENCING BASIC NEEDS INSECURITY, BY SECTOR (FIGURE 19)

	Two-Year Colleges			ar Public eges	Four-Yea Colle	r Private eges	Overall	
	N %		Ν	% N		%	Ν	%
CARES Emergency Aid								
Heard of this type of emergency aid	736	69	1,097	55	367	45	2,200	56
Received this type of emergency aid	363	34	552	28	142	17	1,057	27



Non-CARES Emergency Aid										
Heard of this type of emergency aid	462	42	716	35	211	25	1,389	35		
Received this type of emergency aid	277	25	421	21	133	16	831	21		

Notes | Results are among students who experienced any basic needs insecurity, meaning students who experienced food insecurity in the prior 30 days, or housing insecurity or homelessness within the last year. For more details on how each measure of basic needs insecurity was created, refer to Appendix B.

TABLE E-20 | USE OF AND HELP APPLYING FOR SNAP AMONG PHILADELPHIA-AREA STUDENTS EXPERIENCING FOOD INSECURITY, BY SECTOR (FIGURE 20)

	Two-Year Colleges			Four-Year Public Colleges		ir Private eges	Overall		
	Ν	%	Ν	%	Ν	%	Ν	%	
Received help from college applying for SNAP	191	26	85	9	70	16	346	16	
Received SNAP benefits	156	25	74	9	72	18	302	16	

Source | 2020 #RealCollege Survey

Notes | SNAP = Supplemental Nutrition Assistance Program. Students may receive SNAP benefits without having any assistance from their college in applying, or may have had assistance applying for SNAP without receiving the benefit itself. Results are among students who experienced food insecurity. For more details on how our measure of food insecurity was created, refer to Appendix B.

TABLE E-21 | REASONS WHY PHILADELPHIA-AREA STUDENTS EXPERIENCING BASIC NEEDS INSECURITY DID NOT USE CAMPUS SUPPORTS, BY SECTOR (FIGURE 21)

				•						
	۲wo-۱ Colle		Four-Year Public Colleges			-Year Colleges	Overall			
	Ν	%	Ν	%	Ν	%	Ν	%		
I do not think I am eligible.	721	70	1,535	78	586	74	2,842	75		
Other people need those programs more than I do.	620	60	1,500	77	553	70	2,673	71		
I did not know they existed or were available.	485	48	931	48	409	52	1,825	48		
I do not know how to apply.	458	45	980	50	365	46	1,803	48		
I do not need these programs.	336	33	1,150	59	391	49	1,877	50		
I am embarrassed to apply.	228	22	443	23	128	16	799	21		
People like me do not use programs like that.	161	16	492	26	137	18	790	21		
I had difficulty completing the application.	153	15	180	9	61	8	394	11		

Source | 2020 #RealCollege Survey

Notes | This question asked about the following campus supports: help from their college applying for SNAP and finding affordable housing, emergency housing, and emergency financial aid. Some students may have reported multiple reasons for why they did not use campus supports. Results are among students who experienced any basic needs insecurity,



meaning students who experienced food insecurity in the prior 30 days, or housing insecurity or homelessness within the last year. For more details on how each measure of basic needs insecurity was constructed, refer to Appendix B.

TABLE E-22 | USE OF PUBLIC BENEFITS AMONG PHILADELPHIA-AREA STUDENTS EXPERIENCING BASIC NEEDS INSECURITY, BY SECTOR (FIGURE 22)

NEEDS INSECORITY, BY SECTOR (P	Two-	Year	Four-		Four-		Ove	rall
	Colle	eges	Public C	olleges	Private C	olleges		
	N	%	N	%	Ν	%	N	%
Any public assistance	624	53	801	37	383	44	1,808	43
Medicaid or public health insurance	308	32	263	14	138	18	709	20
Unemployment compensation/insurance	272	28	317	17	143	19	732	20
SNAP (food stamps)	263	27	121	7	117	15	501	14
Tax refunds (including EITC and CTC)	183	19	304	16	118	15	605	17
LIHEAP (Low Income Housing Energy Assistance Program)	103	11	26	1	21	3	150	4
WIC (nutritional assistance for pregnant women and children)	64	7	20	1	31	4	115	3
Childcare assistance	56	6	13	1	21	3	90	3
Utility assistance (e.g., help paying for heat or water)	54	6	30	2	20	3	104	3
Housing assistance (e.g., housing choice voucher, subsidized site- based housing, public or nonprofit-owned housing, income-based housing or rent, rental or homeowners' assistance)	36	4	46	2	19	2	101	3
Services or support from a local nonprofit/nongovernmental agency	31	3	40	2	23	3	94	3
SSI (Supplemental Security Income)	28	3	20	1	17	2	65	2
SSDI (Social Security Disability Income)	30	3	21	1	16	2	67	2
Health services from an income- based organization or community health center	33	3	49	3	28	4	110	3
TANF (public cash assistance; formerly called ADC or ADFC)	21	2	7	<1	12	2	40	1
Legal services or assistance	20	2	25	1	7	1	52	1
Transportation assistance	18	2	18	1	6	1	42	1



Veterans benefits (Veteran's Administration benefits for a servicemen's, widow's, or survivor's pension, service disability, or the GI Bill)	14	1	51	3	13	2	78	2
Services or support from a housing community-based organization or nonprofit including emergency shelters or domestic violence shelters	6	1	12	1	4	1	22	1

Notes | Results are among students who experienced any basic needs insecurity, meaning students who experienced food insecurity in the prior 30 days, or housing insecurity or homelessness within the last year. For more details on how each measure of basic needs insecurity was constructed, refer to Appendix B.

TABLE E-23 | DISPARITIES IN GAPS BETWEEN BASIC NEEDS INSECURITY AND USE OF SUPPORTSAMONG PHILADELPHIA-AREA SURVEY RESPONDENTS, BY RACE/ETHNICITY, GENDER, AND LGBTQSTATUS (FIGURE 23)

	Overall					
	Any BNI	Use of Any Support (Among Students Experiencing Any BNI)				
	%	%				
Intersections of Race/Ethnicity and Gender						
Black female	66	55				
Black male	62	47				
Latina female	65	42				
Latino male	61	34				
Asian female	50	37				
Asian male	49	32				
White female	48	36				
White male	41	29				
LGBTQ Status						
Yes	58	38				
No	50	40				

Source | 2020 #RealCollege Survey

Notes | Classifications of gender identity and racial/ethnic identity are not mutually exclusive. Students could self-identify with multiple classifications. Students experiencing "Any BNI" includes students who experienced food insecurity in the prior 30 days, or housing insecurity or homelessness within the last year. For more details on how each measure of basic needs insecurity was constructed, along with details on specific supports included in this analysis, refer to Appendix B. "Use of any support" means students received help from their college applying for SNAP and/or received an emergency aid grant (either CARES or non-CARES). Rates of using supports are among students experiencing "Any BNI" according to the above definition.

TABLE E-24 | DISPARITIES IN GAPS BETWEEN BASIC NEEDS INSECURITY AND USE OF SUPPORTSAMONG PHILADELPHIA-AREA SURVEY RESPONDENTS, BY FOSTER-CARE INVOLVED, JUSTICE-SYSTEMINVOLVED, AND PARENTING STATUS (FIGURE 24)

	Overall				
	Any BNI	Use of Any Support (Among Students Experiencing Any BNI)			
	%	%			
Foster-Care Involved					
Yes	76	59			
No	52	39			
Justice-System Involved					
Yes	68	52			
No	52	39			
Parenting Student					
Yes	69	53			
No	50	36			

Source | 2020 #RealCollege Survey

Notes | Students who have been convicted of a crime are considered justice-system involved. Students experiencing "Any BNI" includes students who experienced food insecurity in the prior 30 days, or housing insecurity or homelessness within the last year. For more details on how each measure of basic needs insecurity was constructed, along with details on specific supports included in this analysis, refer to Appendix B. "Use of any support" means students received help from their college applying for SNAP and/or received an emergency aid grant (either CARES or non-CARES). Rates of using supports are among students experiencing "Any BNI" according to the above definition.

Appendix F. Questions Used to Capture Student Background Characteristics in The Hope Center's #RealCollege Survey

- 1. What is your gender? (Mark Yes or No for each item.)
 - a. Female
 - b. Male
 - c. Non-binary/third gender
 - d. Prefer to self-describe
 - e. Prefer not to answer
- 2. Do you identify as transgender?
 - a. Yes
 - b. No
 - c. Prefer not to answer
- 3. What is your sexual orientation?
 - a. Heterosexual or straight
 - b. Gay or lesbian
 - c. Bisexual
 - d. Prefer to self-describe
 - e. Prefer not to answer

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- 4. In what year were you born? (answers by dropdown starting with 2002)
- 5. Are you a U.S. citizen or permanent resident?
 - a. Yes
 - b. No
 - c. Prefer not to answer
- 6. Have you ever served in the U.S. Armed Forces, Military Reserves, or National Guard?
 - a. Yes
 - b. No
 - c. Prefer not to answer
- 7. How do you usually describe your race and/or ethnicity? (Select "Yes" to all that apply if you identify with multiple groups)
 - a. White or Caucasian
 - b. African American or Black
 - c. Middle Eastern or North African or Arab or Arab American
 - d. Southeast Asian
 - e. American Indian or Alaska Native
 - f. Indigenous
 - g. Hispanic or Latinx/Latina/Latino or Chicanx/Chicana/Chicano
 - h. Pacific Islander or Native Hawaiian
 - i. Other Asian or Asian American
 - j. Other (please specify)
 - k. Prefer not to answer
- 8. What is the highest level of education completed by either of your parents/guardians?
 - a. Eighth grade or lower
 - b. Between 9th and 12th grade (but no high school diploma)
 - c. High school diploma
 - d. GED
 - e. Some college (but no college degree)
 - f. College or trade/vocational certificate
 - g. Associate degree
 - h. Bachelor's degree
 - i. Graduate degree
 - j. I don't know
 - k. Prefer not to answer
- 9. In the last year, did a parent or guardian claim you as a "dependent" for tax purposes?
 - a. Yes
 - b. No
 - c. I don't know
 - d. Prefer not to answer
- 10. How would you describe your current relationship status?
 - a. Single
 - b. In a relationship
 - c. Married or domestic partnership
 - d. Divorced
 - e. Widowed
 - f. Prefer not to answer
- 11. Do you have a spouse or partner that lives with you?
 - a. Yes



- b. No
- c. Prefer not to answer
- 12. Have you ever been in foster care?
 - a. Yes
 - b. No
 - c. Prefer not to answer
- 13. Are you the parent, primary caregiver, or guardian (legal or informal) of any children?
 - a. Yes
 - b. No
- 14. Have you ever been convicted of a crime? (Felony and misdemeanor convictions only. Don't include violations or traffic infractions.)
 - a. Yes
 - b. No
 - c. Prefer not to answer
- 15. Do you have any of the following disabilities or medical conditions? (Mark Yes or No for each item.)
 - a. Cognitive, learning, or neurological disorders/disabilities (dyslexia, ADHD, autism spectrum disorder, epilepsy, etc.)
 - b. Physical disability (speech, sight, mobility, hearing, etc.)
 - c. Chronic illness (asthma, diabetes, autoimmune disorders, cancer, etc.)
 - d. Psychological disorder (depression, anxiety, PTSD, etc.)
 - e. Other: (fill in)
- 16. Are you a varsity student-athlete on a team sponsored by your college or university's athletics department?
 - a. Yes
 - b. No
 - c. Prefer not to answer

¹ See page 6 of the report for a list of participating Philadelphia-area colleges and universities.

² Survey responses for #RealCollege 2020 were conducted and collected in Qualtrics. The Hope Center team organized, cleaned, and merged survey data with other sources (IPEDS and internal databases) using Stata. Tables and figures produced for the #RealCollege 2020 report were constructed in Stata.

³ This count is based on institution-based self-reports of how many students were sent invitations to take the survey.

⁴ For most participating institutions, the number of survey invitations sent is based on the total number of students at each institution, aged 18 or above, in fall 2020, as reported by each institution. One four-year college sent invitations to a sample of students.

⁵ See <u>https://www.census.gov/programs-surveys/sipp/about/sipp-content-information.html#par_textimage_5</u>

⁶ Crutchfield, R. M., & Maguire, J. (2017). *Researching basic needs in higher education: Qualitative and quantitative*

instruments to explore a holistic understanding of food and housing insecurity. Long Beach, California: Basic Needs Initiative, Office of the Chancellor, California State University.

⁷ Spitzer, R.L., Kroenke, K., Williams, J.B., & Löwe, B. (2006). A brief measure for assessing generalized anxiety disorder. *Archives of Internal Medicine*, *166*(10), 1092–1097.

⁸ See <u>https://www.census.gov/programs-surveys/acs/microdata.html</u>